

## 4 BASIC RHYTHMS in TRADITIONAL IRISH MUSIC

REEL

1 2 3 4

pizza slices

*(pizza slices / pizza / tiny little pizza slices)*

POLKA

1 2

polka

*(apple / celery / cucumber)*

JIG

1 2 3 4 5 6

rashers and sausages

*(rashers and sausages / rashers and ham)  
(potatoes and carrots / potatoes and peas)*

WALTZ

1 2 3

pineapple

*(pineapple / pineapple smoothie)*